



INDIANA UNIVERSITY

SCHOOL OF EDUCATION
Office of Teacher Education
Bloomington

COUNSELING MINOR (Non-Teaching)

The Counseling minor is a 15 credit hour introduction to content in the field of counseling that can be applied across a variety of other disciplines within the helping professions including the facilitation of effective interpersonal communication, how to utilize advanced listening skills to empathetically understand the perspective of others, and how to access resources to help people actualize their potential and latent skills in order to effectuate positive personal and social change.

This minor does not lead to a license to practice professional counseling or licensure in any other professional helping field.

May 2016

NOTES:

- Students must complete 15 credits for the minor.
- All courses must be completed with a grade of C or higher.
- Courses must average a minimum of 2.00 overall to earn the minor.
- Minimum of 6 hours must be at the 300 or 400 level*
- Elective Introductory Courses (EDUC-G203, G204, G207 & G208) can be taken in advance of taking EDUC-G206 (or concurrently).
- EDUC-G206 is required before taking Advanced Courses (EDUC-G302, G352, G355, G375)
- Students interested in the Counseling Minor must meet with a School of Education academic advisor to identify a course plan.

*IMPORTANT NOTE FOR COLLEGE OF ARTS & SCIENCES STUDENTS:

In order for the Counseling Minor to appear on your transcript, at least 9 credit hours must be at the 300-400 level.

| Required Portal Course | 3 credits |
|------------------------|-----------|
|------------------------|-----------|

| | | |
|------------|--|---|
| EDUC-G 206 | <i>Introduction to Counseling Psychology</i> | 3 |
|------------|--|---|

| Elective Introductory Courses | 3-6 credits |
|-------------------------------|-------------|
|-------------------------------|-------------|

| | | |
|------------|--|---|
| EDUC-G 203 | <i>Communication for Youth Serving Professionals</i> (S&H) | 3 |
| EDUC-G 204 | <i>Asian American Mental Health</i> (S&H) (Spring) | 3 |
| EDUC-G 207 | <i>Introduction to Student Athlete Counseling</i> <i>Psychology and Mental Health</i> | 3 |
| EDUC-G 208 | <i>Prevention of Adolescent Risk Behavior:</i> <i>Counseling Perspectives</i> | 3 |

| Advanced Courses (P: EDUC-G 206) | 6-9 credits |
|----------------------------------|-------------|
|----------------------------------|-------------|

| | | |
|------------|--|---|
| EDUC-G 302 | <i>Resources for Counseling with Youth</i> (P: Sophomore status) | 3 |
| EDUC-G 352 | <i>Counseling for Career Issues</i> (P: Sophomore status) | 3 |
| EDUC-G 355 | <i>Positive Psychology</i> (P: Sophomore status) | 3 |
| EDUC-G 375 | <i>Multicultural Counseling-Related Skills &</i> <i>Communication</i> (P: Sophomore status) | 3 |